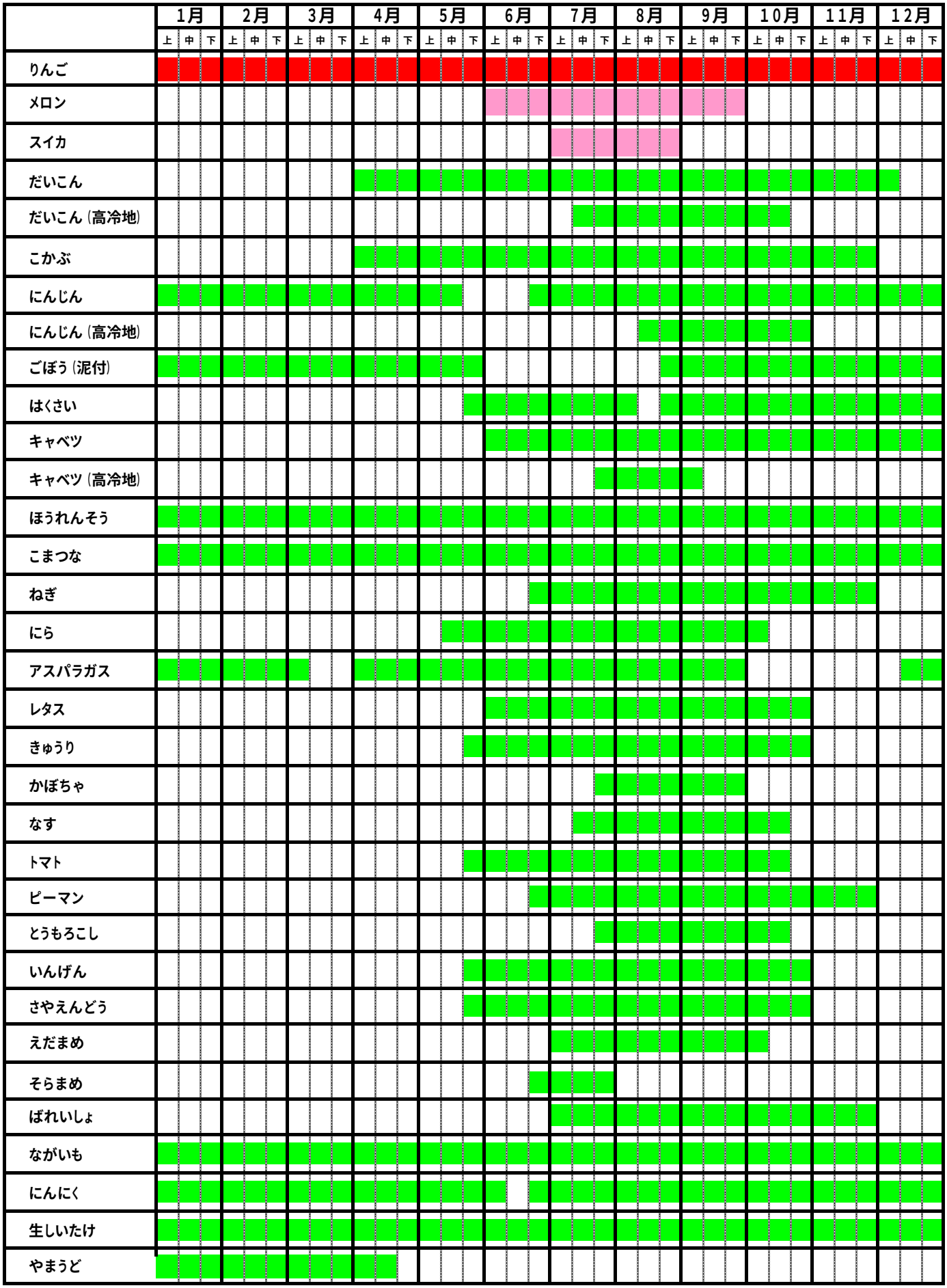青森県産青果物　出回り時期